

Name: \_\_\_\_\_

Date: \_\_\_\_\_



Arts-n-Ed

# GROWTH MINDSET PHRASES

Read the following phrases and select only the ones would be said by someone who holds a growth mindset. Write them in the box below!

"I like to try new things."  
"I am jealous when others do well."  
"Let me try this differently!"  
"I can't do it."  
"I'll stick to what I already know."  
"When others do well, I am inspired."  
"Putting in effort helps me learn."

"I can learn from my mistakes."  
"This is too hard for me."  
"If I don't try, at least I won't make a mistake."  
"I love a good challenge!"  
"I give up."  
"I will keep trying until I can do it!"

**GROWTH MINDSET**

